Transform Your Life

Spring 2017

Schedule
Feburary 2 - March 16, 2017
Thursdays 6:00pm - 9:00pm

Instructor
Suresh Ramaswamy

Location
CE at Mesa College, Room 116
7350 Armstrong Place
San Diego, CA 92111
619-388-1950

Tuition
TBA

Call 619-388-1910 or visit sdce.edu for more information

REGISTER AND PAY ONLINE>>
https://sdccd.augusoft.net/

Every challenge you encounter is an opportunity to transform if you know how.

>> This course will show you how to transform your life from the inside-out.

>> Investigate ways to increase personal fulfillment and begin to improve your life in all areas -- relationships, health, and your professional life.

>> Learn how to navigate your life to increase happiness and contentment while focusing on the grander purpose for which you are here.

>> Based on timeless wisdom principles and psychology, this course delves into deeper aspects of consciousness for inner transformation.

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